

HOW TO BE AN ALLY The Guide

What makes a good ally?

- Be open to listen, learn and educate yourself
- Speak out when faced with anti LGBTQ+ behaviour
- Report any anti LGBTQ+ behaviour you witness to a member of staff
- Support, promote and celebrate members of the LGBTQ+ community. Help raise their voice.

How can I support LGBTQ+ Community?

- LGBTQ+ History Month, Pride and any other events organised by your school/local community
- Come along to the Senior (Tuesday) or Junior (Wednesday) LGBTQ+ lunchtime groups in the library

What is an ally?

Ally - A (typically) straight and cis person who supports members of the LGBTQ+ community.

Think of being an ally as an action and not a label



Why is this important?

People who identify as part of the LGBTQ+ community are still faced with a lot of prejudice and discrimination. Although there has been a lot of progress, there is still a lot to be done to ensure full equality and inclusion.

Where can I find more?

[LGBT Youth Scotland](#)

Scotland's national charity for LGBTI young people, working with 13-25 year olds across the country.

[Stonewall](#)

UK LGBTQ* charity.

[Mermaids](#)

Helps gender-diverse kids, young people and their families

[Scottish Trans Alliance](#)

An Equality Network project to improve gender identity and gender reassignment equality, rights and inclusion in Scotland.