

# James Young

## Extra Curricular Sport & Physical Activity

### Timetable

Day	Lunchtime	After School (3.45 - 4.45pm)
Monday	<b>Fitness, S1-S6</b> Fitness Suite Mr Lyons	
Tuesday		<b>Rugby, S1-S6 Girls &amp; Boys</b> Grass Gavin Paul, Livingston Rugby Club
Wednesday	<b>Fitness, S1-S6</b> Fitness Suite Mr Lyons	<b>Gymnastics, S1-S6</b> Dance Studio Miss Riddell/ Mrs Stark  <b>Tennis, S1-S6</b> Games Hall/Tennis Courts Eoin Swan, JYHS Tennis Club  <b>Football, Girls Only</b> Grass Miss Anderson
Thursday		

For information on any of the clubs see the member of staff in charge or Mrs Stark in the P.E Dept

[Follow @ActiveS\\_JamesY for updates](#)

### Football Teams

Various days and times  
Please look out for bulletin messages for info from:  
Mr Torsney/Cunningham (U13),  
Mr O'Neill (U18)

### SSP Competitions

Check the WL inter school competition calendar to see if there are any events you'd like to compete in  
*\*Included in Sports Passport\**

West Lothian School Sport Partnership  
**secondary schools sporting calendar**

September 2019  
October 2019  
November 2019  
December 2019  
January 2020  
February 2020  
March 2020  
April 2020  
May 2020  
June 2020

League Points Scoring  
Competitions in green: 200, 300, 400, 500, 600, 700, 800, 900, 1000, 1100, 1200  
Competitions in black: 1300, 1400, 1500, 1600, 1700, 1800, 1900, 2000

For more information please contact:  
Anwar Iqbal  
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West Lothian Council

**Remember to buy your SPORTS PASSPORT £20 from The School Shop on ipayimpact**